# Week One Week One

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
French Toast	Western Omelet	Fried Mush	Blueberry Pancakes	Western Egg Casserole	Donuts	Biscuits & Sausage
Always Available						
Eggs Any Style						
Asst Toast						
Fresh Fruit						
Sausage or Bacon						
Hot Cereal						
Cold Cereal						
Asst. Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate
Lunch						
Roast Beef	Salad	Pecan Apple Beet Salad	Cinnamon Chunky	Creamy Cucumber/Onion	Cottage Cheese	Carrot Raisin Salad
			Applesauce	Salad		
Mashed Potatoes & Gravy	Vegetable Beef Soup	Chicken Noodle Soup	Broccoli Cheese Soup	Tomato Soup	Wedding Soup	Cheesy Cauliflower Soup
Fine Buttered Noodles	Grilled Cheese Sandwich	Bacon Cheeseburger	BBQ Chicken Sandwich	Grilled Cheese Sandwich	Italian Sausage & Pepper	Chicken Fingers
Ham Seasoned Green Beans	(Regular Toast)	Tator Tots	Baked Beans	Potato Sticks	Seasoned Potatoe Wedges	French Fries
Rolls & Butters						
Dessert						
Coconut Cream Pie	Chocolate Chip Cookies	Brownie	SnickerDoodles	Ice Cream Sandwich	Peanut Butter Cookie	Chocolate Mousse
Soda, Asst Juices, Coffee, Tea, Hot						
Dinner						
Fresh Fruit	Waldorf Salad	Pistachio Salad	Mandarin Orange Jello Salad	Chopped Salad	Spinach Salad & Bacon Dressing	Greek Salad
Chili	Rosemary Roasted Chicken	Smothered Pork Chops &	Egg Plant Parmesan	Fried Chicken	Meatloaf	Chicken Pineapple Shish-
Corn Bread	Buttered Peas	Mushroom Gravy	Over Angel Hair Pasta	Jojos	Mashed Potatoes	Herbed Rice
	Fried Red Skin Potatoes	Scalloped Potatoes	Tossed Salad	Buttered Corn	Brown Sugar Carrots	
		Sauteed Spinach			5	
Dessert						
Ice Cream	Angel Food Cake	Apple Crisp & Vanilla Ice Cream	Chocolate Pudding	Pecan Pie	Tapioca Pudding	Butterscotch Delight
Soda, Asst Juices, Coffee, Tea, Hot Chocolate						



### Weekly Menu Week Two

Week Two						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
French Toast	Ham & Swiss Quiche	Fried Mush	Banana Pancakes	Fried Hashbrowns	Donuts	Ham Egg & Cheese
	-					Sandwich
Always Available						
Eggs Any Style						
Asst Toast						
Fresh Fruit						
Sausage or Bacon						
Hot Cereal						
Cold Cereal						
Asst. Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate
Lunch						
Field Greens, Pecans & Bleu Cheese Crumbles	Salad	Roasted Pear Salad	Cinnamon Apples	Fresh Veggies & Dip	Cottage Cheese	Carrot Raisin Salad
Roasted Pork & Sauer Kraut	Minestrone Soup	Ham & Bean Soup	Tortilla Soup	Corn Chowder	Philadelphia Steak Soup	Beef Barley Vegetable Soup
Buttered Mashed Potatoes	Spaghetti & Meatballs	Sloppy Joe	Chicken Enchiladas	Coney Dog	Philadelphia Steak	Chicken Sandwich
Whole Wheat Rolls	Garlic Bread	Cheese Puffs	Mexican Rice	Hashbrowns	French Fries	Potato Chips
Dessert						
Pumpkin Pie & Whipped	Butterscotch Oatmeal	Drum Stick	Peanut Butter Kiss Cookie	Klondike Bar	Vanilla Pudding	Blonde Walnut Brownie
Soda, Asst Juices, Coffee, Tea, Hot Chocolate						
Dinner						
Fresh Fruit	Mandarin Oranges	Cranberry Walnut Salad	Cole Slaw	Garden Salad	Antipasto Salad	Pineapple Chunks
Campfire Soup	Chicken Breast Supreme	Fried Pork Chop	Herbed Crusted Salmon	Sirloin Steak & Mushroom	Marinated Beef Tenderloin	Fried Ham
Tuna Melt Sandwich	Rice Pilaf	Fried Potatoes	Baked Sweet Potato	Seasoned Green Beans	Baked Potato	Fried Potatoes
Chips	Sauteed Spinach	Lima Beans	Asparagus	Garlic Mashed Potatoes	Squash Medley	Carrots & Peas
Dessert						
Ice Cream	Texas Sheet Cake	Apple Spice Cake	Pumpkin Bars	Chocolate Chip Coconut	Lemon Squares	Oreo Delight
Soda, Asst Juices, Coffee, Tea, Hot Chocolate						

## Weekly Menu Week Three

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast	Eggs Benedict	Fried Mush	Strawberry Pancakes	Yogurt Parfait	Donuts	Sausage & Cheese
			U U	0		Croissant
Always Available	Always Available					
Eggs Any Style	Eggs Any Style					
Asst Toast	Asst Toast					
Fresh Fruit	Fresh Fruit					
Sausage or Bacon	Sausage or Bacon					
Hot Cereal	Hot Cereal					
Cold Cereal	Cold Cereal					
Asst. Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocole
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pumpkin Soup	Caesar Salad					
Roasted Turkey	Pasta Fagioli	Chicken & Rice Soup	French Onion Soup	Potato Tuscany Soup	Cheddar Cheese Soup	Vegetable Soup
Mashed Potatoes & Gravy	Lasagna	Shredded Chicken Sandwich	Shepherd's Pie	Cheddar Cheese Sliders	Chicken Pot Pie	Hearty Chipped Beef 8
Dressing	Garlic Bread	Potato Sticks		Sweet Potato Tots		
Green Beans						
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert
Pecan Pie	Tiramasu	Pudding Parfait	Hot Fudge Sundae	Oatmeal Chocolate Chip	Moon Pies	M & M Cookies
Soda, Asst Juices, Coffee, Tea, Hot Chocolate	Soda, Asst Juices, Coffee, Tea, Ho Chocolate					
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Won Ton Soup	Graden Salad	Cottage Cheese	Fruit Cocktail	Garden Salad	Peaches	Bleu Cheese Lettuce Wed
Egg Roll	Chicken Fettuccine Alfredo	Swiss Steak	Tilapia	Sherry Beef Tips &	Butterflied Shrimp	Chicken Marsala
Chicken Fried Rice	Bread Sticks	Stewed Potatoes & Carrots	Rice Pilaf	Steamed Brown Rice	Baked Potato	Herbed Rice & Mushroom
		Rolls & Butter	Succatash	Seasoned Carrots	Coleslaw	Carrots & Peas
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert
Ice Cream	Chocolate Chip Cookies	Spice Cake	Iced Sugar Cookies	Banana Cake & Peanut	Carmel Ice Cream Sundae	Blueberry Buckle
	*	-	5	Butter Frosting		-

## Weekly Menu Week Four

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
French Toast	Sausage Biscuit	Fried Mush	Chocolate Chip	Omelet Station	Danish	Blueberry, Walnut
Always Available						
Eggs Any Style						
Asst Toast						
Fresh Fruit						
Sausage or Bacon						
Hot Cereal						
Cold Cereal						
Asst. Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate	Asst Juices, Coffee, Tea, Hot Chocolate
Lunch						
Cheesy Chicken Chowder	Potato Soup	Pineapple Carrot Salad	Fresh Fruit Salad	Tossed Salad	Sauer Kraut Salad	Hearty Hamburger Soup
Roast Beef	Grilled Chicken Breast	Lima Bean Soup	Chicken Chili	Johnnie Marzetti	Beef Pot Pie	Pizza Oven
Mashed Potatoes & Gravy	Hawaiian Cole Slaw	BLT	Cornbread	Bread Sticks		Jojos
Carrots		Potato Sticks				
Buttered Cabbage						
Dessert						
Chocolate Cream Pie	Oatmeal Raisin Cookies	Ice Cream Sandwich	Peanut Butter Chocolate	Butterscotch Pudding	Lemon Meringue Pie	Chocolate Covered Bananas
Soda, Asst Juices, Coffee, Tea, Hot Chocolate						
Dinner						
Beef Mushroom Soup	Burrito Supreme	Marinated Tomatoes	Cinnamon Apples	Poached Pears	Cranberry Walnut Salad	Chicken Fried Steak
Sweet & Sour Chicken	Mexican Rice	Salisbury Steak	BBQ Brisket	Fried or Baked Cod	Prime Rib w/Horseradish	Mashed Potatoes
Fried Rice	Refried Beans	<b>Buttered Boiled Potatoes</b>	Fried Potatoes	Steak Fries	Baked Potato	White Gravy
		Green Beans	Succatash	Coleslaw	Mixed Vegetables	Corn
					Dinner Rolls	Biscuits & Honey Butter
Dessert						
Ice Cream	Peach Cobbler	Turtle Brownies	Drum Stick	Banana Pudding	Chocolate Sundae	Pineapple Upside Down
Soda, Asst Juices, Coffee, Tea, Hot Chocolate						

### ALWAYS AVAILABLE MENU

<u>CHEF SALAD</u> HAM, TURKEY, CHEESE, EGG, ON A FRESH BED OF GREENS WITH YOUR CHOICE OF DRESSING

GRILLED CHEESE YOUR CHOICE OF BREAD & CHEESE SERVED WITH YOUR CHOICE OF FRIES OR CHIPS

> HAMBURGER SERVED ON A BUN WITH CHEESE (OPTIONAL) LETTUCE, TOMATO, PICKLE AND FRIES

FISH-N-CHIPS BATTERED COD SERVED WITH TARTARSAUCE AND FRIES

ALL BEEF HOT DOG OR CONEY DOG SERVED ON A BUN WITH FRIES, PICKLES, LETTUCE AND TOMATO

MARINATED GRILLED CHICKEN SERVED WITH A SIDE AND VEGETABLE OR ON A BUN

> CHICKEN FINGERS SERVED WITH FRIES

BAKED OR FRIED FISH SERVED WITH SIDE AND VEGETABLE

<u>MEATLOAF</u> SERVED WITH MASHED POTATOES AND GRAVY WITH VEGE-TABLE OF THE DAY

> MACARONI AND CHEESE SERVED HOT AS A MEAL OR SIDE DISH

PERSONAL PIZZA INDIVIDUAL PEPPERONI & CHEESE PIZZA

SANDWICH CHOICE TURKEY, HAM, BOLOGNA, EGG, HOT HAM & CHEESE, SLOPPY JOE

SOUP CHOICES TOMATO, CHICKEN NOODLE, BEEF VEGETABLE